

MY EATING HABITS - Musterlösung

My diet is...

- ... **healthy** *My diet is unbalanced because I eat unhealthy food and sweets too often.*
- ... **balanced**
- ... **unbalanced**
- ... **unhealthy**

Vegan or vegetarian?

I'm not a vegan or vegetarian because I love to eat meat, for example burgers and sausages.

Have you ever tried...?

- Indian food Chinese Food
Mexican food Italian food
Turkish food Spanish Food

Which did you like best and why?

I liked Italian food best because I'm a big fan of pasta and pizza.

Food – My likes and dislikes

I like / love:

- ☺ burgers
☺ pasta
☺ sweets
☺ strawberries

I don't like / hate:

- ☹ peas
☹ fish
☹ olives
☹ nuts

I should eat or drink this less:

sweets, ice-cream, cake and cream

I should eat or drink this more often:

vegetables, fruits

COOKING AND BAKING

Do you enjoy cooking / baking? Yes, I like cooking and baking.

How often do you cook / bake at home? I cook or bake twice a week.

What's your specialty? My specialty is cheeseburger with fries.